

Hip Hip Hooray: From Hip Preservation to Hip Replacement

Wednesday, March 5, 2025 • 4:30PM-7:30PM

Clover Home Plate Club 3rd Base, Citi Field, Flushing, NY

41 Seaver Way, Flushing, NY 11368

Statement of Need: Hip pain is a common reason for patients to seek medical attention. It can affect children, adults, the elderly, athletes and non-athletes. Understanding the cause of hip pain is crucial in providing proper medical care. Treatment modalities can be as simple as rest and ice, medication, to possible minor and more invasive surgery. The NewYork-Presbyterian Queens 2025 Orthopaedic Symposium will discuss the many causes of hip pain and how we can help patients recover. Our panel of sport medicine specialist, arthroplasty surgeons, and rehabilitation doctors will provide evidence based information and different non-surgical and surgical options to treat hip arthritis, sport injuries and various types of hip pain.

Target Audience: Primary care physicians, orthopedic surgeons, physiatrists, residents, fellows, physician assistants, physical therapists, occupational therapists, athletic trainers, nurses, rehabilitation specialists and other sports medicine specialists and healthcare professional involved in the care of hip injuries.

Educational Objectives: It is intended that this NewYork-Presbyterian Queens Continuing Medical Education activity will lead to improved patient care.

At the conclusion of this program, participants will be able to:

- Identify the limits of hip arthroscopy.
- Summarize the basic indications, techniques, and outcomes of surgical hip dislocation, periacetabular osteotomy (PAO) and femoral derotation osteotomy.
- Assess the signs and symptoms of gluteal tendinopathy.
- Describe the mechanism of injury associated with hip trauma.
- Identify the appropriate arthroscopic procedure following trauma to the hip.
- Describe the various arthroscopic procedures at the hip.
- Describe the basic procedures of an anterior approach to hip arthroplasty.
- Identify complications and outcomes following a hip arthroplasty.



Registration Fees: \$100.00 • All Registrants including Physicians-in-training, NYPQ Physicians & Staff

To Register/Information: Website: www.nypqcme.org • Office of CME: 718-670-1419 • Scan QR Code below

Cancellation: Refunds will only be made upon receipt of written notification a minimum of five (5) business days prior to the session.

Accreditation: NewYork-Presbyterian Queens is accredited by the Medical Society of the State of New York to provide continuing medical education for physicians.

NewYork-Presbyterian Queens designates this live activity for a maximum of **1.75 AMA PRA Category 1 Credit(s)**[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Accreditation for Board of Certification for Athletic Trainers NewYork-Presbyterian Queens is recognized by the Board of Certification, Inc. to offer continuing education for BOC Certified Athletic Trainers.

This program has been approved for a maximum of **1.75 hours of Category A continuing education**. BOC Certified Athletic Trainers are responsible for claiming only those hours actually spent participating in the continuing education activity. **BOC Approved Provider Number: P8660**

CEHs for Physical Therapists & PT Assistants: NewYork-Presbyterian Queens is recognized by the New York State Department of Education's State Board for Physical Therapy as an approved provider of physical therapy and physical therapist assistant continuing education. This program has been approved for a maximum of **2.0 contact hours**.

Disclosure Statement: NewYork-Presbyterian Queens relies upon planners and faculty participants in its CME activities to provide educational information that is objective and free of bias. In this spirit, and in accordance with the guidelines of MSSNY and ACCME, all speakers and planners for CME activities must disclose any relevant financial relationships with commercial interests whose products, devices or services may be discussed in the content of a CME activity that might be perceived as a real or apparent conflict of interest. Any discussion of investigational or unlabeled uses of a product will be identified.

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Program Agenda

4:30PM

Registration, Buffet, Interaction with Sponsors

5:30PM

Introduction

Jeffrey Rosen, M.D.

Chairman, Department of Orthopaedic Surgery
NewYork-Presbyterian Queens

5:40PM

Hip Arthroscopy in 2025: A Different Ball and Socket Game

Mathew J. Hamula, M.D.

Attending Orthopaedic & Sports Medicine Surgeon
Department of Orthopaedic Surgery
NewYork-Presbyterian Queens

6:00PM

Modern Trends in Open Hip Surgery

Stephanie Swensen Buza, M.D.

Assistant Professor of Orthopaedic Surgery
Weill Cornell Medicine
Attending Orthopaedic Surgeon
Orthopaedic Director, HSS Performing Arts Medicine Collaborative
Hospital for Special Surgery

6:20PM

Break, Refreshments, Coffee & Dessert, Interaction with Sponsors

6:40PM

Direct Anterior Arthroplasty: Technique, Pitfalls and Outcomes

Geoffrey P. Marano, M.D.

Attending Orthopaedic Surgeon
Department of Orthopaedic Surgery
NewYork-Presbyterian Queens

7:00PM

Gluteal Tendinopathy: The Hip's Silent Injury

Michael F. Saulle, D.O.

Assistant Professor of Rehabilitation and Regenerative Medicine
Vagelos College of Physicians & Surgeons
Medical Director for Sports Medicine
NewYork-Presbyterian/Westchester

7:30PM

Questions & Answers

Closing Remarks



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