

Registration

5th Annual NYHQ Symposium Palliative Care 2015:

Mind, Body and Spiritual
Considerations in
Palliative Care Practice

THREE WAYS TO REGISTER:

- 1 **Online:** Go to website: www.nyhqcm.org and pay via credit card
- 2 **Fax:** This form with credit card information to: **718.661.7925**
- 3 **Mail:** This form with a check made payable to:
NYHQ-Continuing Medical Education
Mail to: Pamela Williams, Dir., Continuing Medical Education
New York Hospital Queens
56-45 Main Street, Flushing, NY 11355

REGISTRATION FEE-Please check one.

- \$50/Physician \$25/General Registrant
- \$20/person- Group of 5 or more
- No Fee/Physicians-in-training, NYHQ Physicians
& Staff (copy of ID required, pre-registration requested)

Questions?
718-670-1419

Last Name _____

First Name _____

MD _____ General Registrant _____

Mailing Address _____

City/State/Zip _____

Phone _____ Fax _____

E-mail _____

Affiliation _____

Yes. I wish to pay by credit card. Card holder name ▼

Charge \$ _____ to my VISA MasterCard

American Express Discover Security Code _____

Card Number _____

Expiration Date ____ / ____ / ____

Authorizing Signature _____



Tuesday, April 28, 2015

8:00 am-1:00 pm
NYHQ Lang Center
56-45 Main Street
Flushing, NY



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New York Hospital Queens
Continuing Medical Education
56-45 Main Street
Flushing, NY 11355

**Palliative Care
Symposium
in April**
Early registration
recommended.

5th Annual NYHQ Symposium

Palliative Care 2015:

Mind, Body and Spiritual Considerations
in Palliative Care Practice



April 28th

Presented by

The Division of Geriatrics
& Palliative Care Medicine
and Patient Care Services

Tuesday, April 28, 2015

8:00 am-1:00 pm

New York Hospital Queens

Theresa and Eugene M. Lang Center
for Research and Education
56-45 Main Street, Flushing, NY

Registration

718-670-1419

www.nyhqcm.org

Program Co-Chairs

Cynthia X. Pan, MD, FACP, AGSF
Jane Morris, MS, RN, ACHPN

Keynote Speakers

Mary Lynn McPherson, PharmD,
BCPS, CPE
Fernando Kawai, MD
Rev. Seigan Ed Glassing

Credit

3.75 AMA PRA
Category 1 Credit(s)[™]
3.75 Nursing contact hours



member
NewYork-Presbyterian
Healthcare System
affiliate: Weill Cornell Medical College

Palliative Care 2015:

Mind, Body and Spiritual Considerations in Palliative Care Practice

Presented by

The Division of Geriatrics & Palliative Care Medicine and Patient Care Services

Tuesday, April 28, 2015 • 8:00 am-1:00 pm

New York Hospital Queens, Theresa and Eugene M. Lang Center for Research and Education, 56-45 Main Street, Flushing, NY

Statement of Need

To provide quality palliative care and support to patients and families coping with serious or life-threatening illness, physicians and interdisciplinary health care providers need to be aware of and address the mind, body and spiritual considerations that may influence treatment decisions. This symposium will provide attendees with updates on: current strategies for optimizing medications to ensure effective pain and symptom management; developing a mindful, holistic approach to clinical practice; discussing advance directives in a meaningful way; and the role of spirituality and spiritual connection in patients living with serious illness. Attendees will also have the opportunity to take part in a guided meditation exercise.

Target Audience

Physicians, Physician Assistants, Residents, Medical Students, Nurse Practitioners, Registered Nurses, Social Workers, Hospital Chaplains and other Health Care Professionals.

Educational Objectives

The purpose of this program is to improve the care of patients and families coping with a serious illness. At the conclusion of this program, participants will be able to:

- Apply clear, concise evidence-based and patient-centered recommendations for common medications that have minimal benefit and potential harm in the setting of advanced illness.
- List strategies to ensure medication optimization for pain and symptom management.
- Describe mindfulness, burnout and resilience and their effects on clinical care.
- Identify and create opportunities for enhanced self-care and resilience.
- Recognize what defines spiritual care and why it is important in the healthcare setting.
- Identify spiritual themes in patients assessments.
- Define the role of the Chaplain and how to incorporate and integrate spiritual care into the team.

To Register/Information

Ms. Pamela Williams

Director, Continuing Medical Education

tel: 718-670-1419 • fax: 718-661-7925

email: courses@nyhqme.org • website: www.nyhqme.org

Program

8:00-8:30 am

Registration & Continental Breakfast

8:30-8:45 am



Welcoming Remarks

Joseph T. Cook, MD

Chairman, Department of Medicine, NYHQ



Introduction

Cynthia X. Pan, MD, FACP, AGSF

Co-Chairs and Moderators

Cynthia X. Pan, MD, FACP, AGSF

Chief, Division of Geriatrics & Palliative Care Medicine

Program Director, Geriatrics Fellowship, NYHQ

Associate Professor of Clinical Medicine

Weill Cornell Medical College

Jane Morris, MS, RN, ACHPN

Clinical Care Coordinator, Palliative Care, NYHQ

8:45-10:00 am



Optimizing Medications to Ensure Pain and Symptom Management

Mary Lynn McPherson, PharmD, BCPS, CPE

Professor and Vice Chair for Education

Department of Pharmacy Practice and Science

University of Maryland School of Pharmacy in Baltimore

10:00-10:15 am

Break

10:15-11:15 am



Mindfulness in Health Care: Cultivating Resilience and Preventing Burnout

Fernando Kawai, MD

Program Director, Hospice and Palliative Medicine Fellowship

Attending Physician, Geriatrics & Palliative Care, NYHQ

Assistant Professor of Clinical Medicine

Weill Cornell Medical College

11:15-12:15 pm



The Role of Spirituality and Spiritual Connection in Patients Living with Serious Illness

Rev. Seigan Ed Glassing

Staff Chaplain and Palliative Care Team Chaplain

Department of Pastoral Care & Education

NewYork-Presbyterian/Columbia University Medical Center

NewYork-Presbyterian/Morgan Stanley Children's Hospital

12:15-12:45 pm



Q&A: Large Group Discussion

12:45-1:00 pm



Evaluations and Closing Remarks

1:00 pm

Lunch

(generously supported by an anonymous donor)

Accreditation

New York Hospital Queens is accredited by the Medical Society of the State of New York (MSSNY) to provide continuing medical education for physicians.

New York Hospital Queens designates this live activity for a maximum of **3.75 AMA PRA Category 1 Credit(s)**[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

New York Hospital Queens is an approved provider of continuing nursing education by the PA State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

It has been assigned approval code **039-3-H-12-04** for **3.75 contact hours**.

Disclosure Policy

The New York Hospital Queens relies upon planners and faculty participants in its CME activities to provide educational information that is objective and free of bias. In this spirit, and in accordance with the guidelines of MSSNY and ACCME, all speakers and planners for CME activities must disclose any relevant financial relationships with commercial interests whose products, devices or services may be discussed in the content of a CME activity that might be perceived as a real or apparent conflict of interest. Any discussion of investigational or unlabeled uses of a product will be identified.

Registration Fees

\$50	Physicians
\$25	General Registrants
\$20/person	Group of 5 or more
No Fee	Physicians-in-training, NYHQ Physicians & Staff (copy of NYHQ ID required with registration)
Fee includes continental breakfast, lunch and course materials.	

Cancellation

Refunds will only be made upon receipt of written notification a minimum of five work days prior to the session.

Directions

New York Hospital Queens is located on the corner of Booth Memorial Avenue and Main Street in Flushing. *From the Long Island Expressway:* take the Main Street Exit (#23), travel north on Main Street to Booth Memorial Avenue. *From the Whitestone Bridge:* take the Van Wyck Expressway to the College Point Blvd. Exit; turn left on College Point Blvd. and right on Booth Memorial Avenue. Follow Booth Memorial Avenue to Main Street. *From the IRT Flushing Line #7:* train to Main Street (last stop), then Q44 bus southbound on Main Street; stops opposite the Hospital. New York Hospital Queens is located in a residential area with metered parking. Free lock-and-park spaces are available under the Van Wyck Expressway at College Point Blvd. and 58th Road. Shuttle buses to the Hospital run approximately every 10-15 minutes. Limited paid parking is available in our Visitor Parking Lot located on Booth Memorial Avenue opposite the Emergency Room.

Special Needs

NYHQ is accessible for individuals with disabilities or special needs. Participants with special needs are requested to contact the Office of CME at 718-670-1419.