Accreditation
NewYork-Presbyterian/Queens is accredited by the Medical Society of the State of New York to provide continuing medical education for physicians.
NewYork-Presbyterian/Queens designates this live activity for a maximum of 5.25 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Other
Athletic Trainers: 5.25 Category A CEU’s
Physical Therapists: 6.5 Credits pending
Occupational Therapists: 5.25 Credits pending

Disclosure Statement
NewYork-Presbyterian/Queens relies upon planners and faculty participants in its CME activities to provide educational information that is objective and free of bias. In this spirit, and in accordance with the guidelines of MSSNY and ACCME, all speakers and planners for CME activities must disclose any relevant financial relationships with commercial interests whose products, devices or services may be discussed in the content of a CME activity that might be perceived as a real or apparent conflict of interest. Any discussion of investigational or unapproved uses of a product will be identified.

Registration Fees
$50 Physicians
$25 General Registrants
$20/person Group of 5 or more (other than Physicians)
No Fee Physicians-in-training, NYP/Q Physicians & Staff (copy of NYP/Queens ID required with registration)

Fee includes continental breakfast, lunch and course materials.

Cancellation
Refunds will only be made upon receipt of written notification at least 5 work days prior to the session.

Directions
NewYork-Presbyterian/Queens is located on the corner of Booth Memorial Avenue and Main Street in Flushing. From the Long Island Expressway: take the Main Street Exit (423), travel north on Main Street to Booth Memorial Avenue. From the Whitestone Bridge: take the Van Wyck Expressway to the College Point Blvd. Exit; turn left on College Point Blvd. and right on Booth Memorial Avenue. Follow Booth Memorial Avenue to Main Street. From the 74th Flushing Line #7: train to Main Street (last stop), then Q44 bus southbound on Main Street; stops opposite the Hospital. NewYork-Presbyterian/Queens is located in a residential area with metered parking. Free lock-and-park spaces are available under the Van Wyck Expressway at College Point Blvd. and 58th Road. Shuttle buses to the Hospital run approximately every 10-15 minutes. Limited paid parking is available in our Visitor Parking Lot located on Booth Memorial Avenue opposite the Emergency Room.

Special Needs
NYP/Queens is accessible for individuals with disabilities or special needs. Participants with special needs are requested to contact the Office of CME at 718-670-1419.

Highlights
▶ Concussion and Other Medical Issues in Sports Medicine
▶ The Spine
▶ The Shoulder and Elbow
▶ The Hip and Knee

Featuring current evaluation and management options, approaches and controversies, surgical procedures, PRP, prolotherapy and physiotherapy.

Department of Orthopaedics and Rehabilitation
Hot Topics in Sports Medicine: 2015 Updates
Friday, October 9, 2015
7:00 am-1:45 pm

Course Chair
Alexander Golant, MD
Associate Director of Sports Medicine
Department of Orthopaedics and Rehabilitation
NewYork-Presbyterian/Queens
Assistant Professor of Clinical Orthopaedic Surgery
Weill Cornell Medical College

Location
NewYork-Presbyterian/Queens
Theresa and Eugene M. Lang Center for Research and Education
56-45 Main Street, Flushing, NY

Registration
718-670-1419
www.nypqcme.org

Credit
5.25 AMA PRA Category 1 Credit(s)™
Athletic Trainers: 5.25 Category A CEU’s
Physical Therapists: 6.5 Credits pending
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Hot Topics in Sports Medicine: 2015 Updates

Friday, October 9, 2015  •  7:00 am-1:45 pm
NewYork-Presbyterian/Queens
Theresa and Eugene M. Lang Center for Research and Education
56-45 Main Street, Flushing, NY

Presented by
NewYork-Presbyterian/Queens
Department of Orthopaedics and Rehabilitation

Statement of Need
Sports medicine is an ever-changing world. Members of the sports medicine team need to be frequently updated on current, state-of-the-science assessment, management and rehabilitative concepts and available treatment options in order to provide optimal quality patient care. This one day event will concentrate on the conditions and injuries associated with athletes at various levels of sport. Sports medicine does not only address the injuries of collegiate and professional athletes, but also those of pediatric, adolescent and mature recreational athletes. Topics will include: injuries of the shoulder, elbow, hip, knee, spine, preparticipation evaluations, concussions, Platelet-Rich Plasma Therapy (PRP) and prolotherapy.

Target Audience
Orthopedists, physiatrists, primary care physicians, residents, fellows, internists, medical students, physician assistants, physical, occupational, and rehabilitation therapists, athletic trainers, nurse practitioners, nurses, other health care professionals involved in sports medicine.

Educational Objectives
It is intended that this NYP/Queens CME activity will lead to improved patient care. At the conclusion of this symposium, Primary Care Physicians and clinicians will be able to:
• Describe common injuries associated with the spine and develop an appropriate treatment plan.
• Identify and manage the various on-field emergencies associated with sports.
• Specify the purpose of pre-participation cardiac screenings and identify the danger signs during an assessment.
• Assess common head injuries in the athlete and incorporate a current, updated concussion protocol into clinical practice.
• Specify the advantages and disadvantages associated with Platelet-Rich Plasma Therapy (PRP) and prolotherapy, and recognize indications for use.
• Describe the assessment and management of upper extremity injuries including shoulder instability, minor collateral ligament and lateral dysfunction.
• Identify assessment and management of lower extremity injuries including the hip labrum, anterior cruciate ligament and hamstring injuries.

To register
Ms. Pamela Williams, Director, Continuing Medical Education
tel: 718-670-1419  •  fax: 718-661-7293
e-mail: pgw96@nyp.org  •  www.nypcme.org

AGENDA
7:00 am
Registration/Breakfast

7:30 am
Introduction
Stephen S. Mills, FACHE
President and Chief Executive Officer
NewYork-Presbyterian/Queens

Jeffrey E. Basen, MD
Chair, Department of Orthopaedics and Rehabilitation
NewYork-Presbyterian/Queens
Associate Professor of Clinical Orthopaedic Surgery
Weill Cornell Medical College

Stephen Rimar, MD, MBA
Executive Vice President and Chief Medical Officer
NewYork-Presbyterian/Queens

Course Chair
Alexander Golant, MD
Associate Director of Sports Medicine
Department of Orthopaedics and Rehabilitation
NewYork-Presbyterian/Queens

Assistant Professor of Clinical Orthopaedic Surgery
Weill Cornell Medical College

8:00 am
• Get Your Head on Straight - Neurocognitive Aspects of Sports Medicine
Justin A. Clasie, MD
Medical Director of Sports Medicine
Department of Orthopaedics and Rehabilitation
NewYork-Presbyterian/Queens

Assistant Professor of Clinical Orthopaedic Surgery
Weill Cornell Medical College

8:40 am
• Checking the Ticker: Pre-Participation Evaluation for Cardiac Conditions in Athletes
Mark Balek, MD
Attending Cardiologist, NewYork-Presbyterian/Queens
Assistant Professor of Clinical Medicine
Weill Cornell Medical College

9:00 am
• Case Presentation
9:05 am
• Q/A Panel Discussion: Concussion and Other Medical Issues
11:55 am
• Break

12:05 pm
• Just a Pinch in the Hip - FAI and Labral Tears
Tony N. Quach, MD
Assistant Professor of Clinical Orthopaedic Surgery
Weill Cornell Medical College

12:45 pm
Controversies in ACL Reconstruction: Choosing the Graft
Kevin I. Pak, MD
Attending Physician
Department of Orthopaedics and Rehabilitation
NewYork-Presbyterian/Queens

1:05 pm
• Case Presentation
1:25 pm
• Q/A Panel Discussion: Hip and Knee

1:45 pm
Closing Remarks - Lunch

Hot Topics in Sports Medicine: 2015 Updates

Friday, Oct. 9, 2015  •  7:00 am-1:45 pm
NYP/Queens, Lang Center
56-45 Main Street, Flushing, NY

REGISTRATION FEE-Please check one.

• No Fee
• $25/General Registrant
• $50/Physician (includes group of 5 or more (other than Physicians)

Mail:
1885 Myrtle Ave., 4th Floor
Flushing, NY 11354

Fax:
718-670-1419

Questions?
718-670-1419

REGISTRATION

NewYork-Presbyterian/Queens
Department of Orthopaedics and Rehabilitation